

Athlete Information

Registration

Athlete Registration begins at 4:00 pm in the Courtside Lounge in the Tower, Saint Mary's University on July 10th

Marshalling

Athlete warm ups will take place in the Tower Gym and the East side of the track (back stretch) during the meet.

Athletes must report to the Athlete Control (Tower Gym, Back Stretch of the Track) no later than 20 minutes prior to their event. Spike length will be checked at that time.

Athletes will be held in the gym until 10 minutes prior to their event at which time an official will march you to the start line and you will be turned over to the assistant starters. Introductions by the Announcer will commence 3 minutes before race time.

Metropolitan Field Events (Women's hammer, Men's High Jump, Men's Javelin)

Athletes in the women's hammer and men's high jump will depart for Met. Field at 10:00 am. Athletes should meet in the entrance of Loyola Building, Gorsebrook Avenue.

Men's Javelin competitors will depart Loyola at 11:00 am.

Upon arrival at Met Field. athletes will register and submit your throwing implements for measurement and weighting.

Prize and Travel Money

Prize money and travel money can be picked up at the Tower, Courtside Lounge beginning at 6:30 pm. Athletes are required to show their bibs to receive the above.

