

Men's 100m: In what will be the premier event of the meet, American Olympic double bronze medalist Walter Dix will be back to defend his title. Boasting a personal best of 9.88, Dix will certainly be the favourite entering the 100m event. Canada's fastest man of 2011 Justyn Warner will look to try to join the under ten second club as he continues his breakout season that has seen him run a personal best of 10.15.

Men's 200m: In a rematch of the Canadian championships, PEI's Jared Connaughton and Alberta's Bryan Barnett will be once again duelling for top spots. Connaughton, a semi-finalist at the Beijing Olympics, is a fan favourite at the Aileen Meagher and is the Canadian Championship record holder. However, he was beaten at this year's Nationals by rival Barnett. Halifax will be the next stop for this Canadian 200m rivalry.

Men's 400m: In a truly international field, Canadian Championship silver medalist Daniel Harper will try to improve on his Canadian leading 46.32 against Jarrin Solomon of Trinidad and Tobago and American Miles Smith. Smith boasts the fastest time in the race (45.16) and is the defending Aileen Meagher 400m champion. Solomon has also broken the 46s mark with a season's best of 45.68.

Men's 800m: Defending Aileen Meagher champion, Edmonton's Jaden Ostapowich, will be in tough to defend his title against a star studded field. Two Americans, Rob Novak and Tevin Everett have the two fastest seed times in the race of 1:46.01 and 1:46.77 respectively. Uganda's Julius Mutekanga's 1:46.87 will have him in the hunt, but Ostapowich is known for his skills as an 800m tactician and will not be easy to beat. There is some local flavour in this race as Halifax athletes Geoff Harris and Justin Blades will be looking to impress on their home track.

Men's 1500m: Americans Tony Jordanek, Matthew Elliott, and Liam Boylan-Pett will look to sweep the men's 1500m and display their countries dominance over the middle distances. Standing in their way is Guelph's Kyle Boorsma, fresh off of a personal best performance at the Harry Jerome Track Classic. Boorsma dipped under 3:40 for the first time in his career and will be looking to foil the plans of the American Triumvirate.

Men's Long Jump: In a local duel, New Brunswick's Pierre Landry and Halifax's Simon Watts have personal bests within 1cm of each other.

Men's High Jump: In the premier men's field event of the meet, American's Jim Dilling and Jamie Neito will be challenged by the Canadian duo of Derek Watkins and Mike Mason. Dilling and Neito boast seasons bests of 2.28 and 2.25, very impressive heights that will be challenged by two of Canada's best.

Men's Shot Put: As the only athlete in the field with a throw over 20 meters, Justin Rodhe of Kamloops BC will be challenged by Amin Nikfar (19.74m) of Iran. Canadian Tim Hendry's 18.45 will put him in the hunt as well.

Men's Javelin: Canadian record holder Scott Russell of Windsor is the class of the field with a personal best of 84.41. Russell's season's best is 81.96 and he will be challenged by Kyle Nielsen, the 22 year old who won the silver medal behind Russell at this year's Canadian Championships.

Women's 200m: Hometown favourite Adrienne Power will once again be the headlining athlete for the Aileen Meagher. In the last year, Power has made the jump from up to the 400m, but she'll be running the race in which she has won multiple national titles and raced at the Olympics; the 200m. Power is the only athlete in the race with a season's best under 23 seconds and is always at her best on her home turf.

Women's 400m: This race will be a showcase of hometown world class talent. Canadian 400m champion and NCAA finalist Jenna Martin will return to her home province to showcase her 400m running abilities. She will be challenged by the second fastest 400m runner in Canada this year, Adrienne Power, also of Nova Scotia. Amon Nelson makes the field even deeper, as any of these three athletes could win.

Women's 800m: The women's 800m is possibly the deepest women's event on the track at this year's Aileen Meagher. Angee Henry of Nike and Latavia Thomas both enter the race with seed times under 2:02. Jamaica's Clora Williams has run 2:03.99 this season and five more athletes have clocked in at under 2:06. With so many athletes within striking distance, this event will be the most difficult one to predict. Nova Scotia's Celia Peters adds hometown flavour to the event.

Women's 1500m: The women's 1500m features three American athletes attempting to sweep the medal positions. With all three of Frances Koon, Lauren Hagens, and Nicole Schappert having season's bests of 4:15.10 or faster, they will be a very difficult threesome to beat. Canada's Ashley Hinthner and Julia Howard are two Canadian athletes who should be up to the task.

Women's 100m hurdles: For the first time ever, the Aileen Meagher will feature one of Canada's best events, the women's 100m hurdles. Canada's Phylcia George, silver medalist at this year's Canadian championships enters the race with the fastest seedtime of 12.91. The Dominican's Lavonette Holder is her closest competitor at 13.11. Canada is one of the best countries in the world in this event, and this year, spectators of the Aileen Meagher will have to opportunity to see why.

Women's Hammer: With both Heather Steacy and Gwen Berry seeded over the 70m mark, the women's hammer is sure to be one of the most elite events of the meet. Both Megann Rodhe and Crystal Smith have thrown over 65m and add depth to the event.